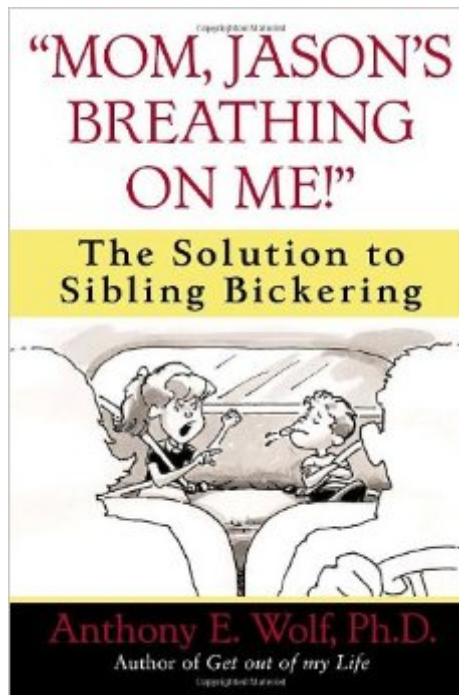


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# "Mom, Jason's Breathing On Me!": The Solution To Sibling Bickering



## Synopsis

AT LAST! "SOUND, PRACTICAL RELIEF FOR PARENTS WITH BATTLING KIDS! Imagine. You might never again have to hear the words: "Mommy, Ann drooled on me on purpose." • You could have the answer for every "It's not fair!" • your kids have ever whined at you. Constant sibling squabbling and the ensuing demand that you pick a side, quick! can wear parents down and totally drain the fun right out of family life. Now in this groundbreaking book, Dr. Anthony Wolf offers a whole new strategy for coping. In a fresh, funny, and straightforward way, Dr. Wolf presents three essential rules for dealing with sibling arguments—rules that, if followed, completely remove the root causes of bickering. From teasing and hitting to rivalries and boundaries, Dr. Wolf addresses a wide range of issues, and he does it with humor and a pitch-perfect ear for actual kid/parent dialogue. This is a book about real children—who they are, what they want, why they act as they do, and what you can do to alleviate the strife between siblings.

## Book Information

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## Customer Reviews

I got this book a few weeks ago, read it immediately (it's a quick read), and started using Dr. Wolf's advice with my two elementary aged kids. His advice is right-on. Here's what I like about his approach: 1. It's simple. You don't have to remember exactly what to say or use precise techniques. You just have to remember the philosophy: be loving but don't get involved in the fights. 2. It's kind. I really dislike parenting books that recommend that you be detached or unpleasant with your kids. Although Dr. Wolf recommends not getting involved in fights, he does recommend offering love and

sympathy when the kids feel upset.3. My kids love it. My older child actually told me that he's relieved that I refuse to take sides any more. He said that I was wrong about who's fault things were "at least 50% of the time."4. Not getting involved in other people's fights is a good moral value to role-model for the kids.5. I feel less exhausted when the kids fight. I don't feel a responsibility to be involved--and so I don't feel irritated with them. When the bickering itself becomes irritating, I follow Wolf's advice and separate them.6. The kids are fighting a lot less! Knowing that they will have to work out their own disagreements has made them more likely to compromise before a fight begins.7. When they do fight, they make up much faster. The emotional impact of bickering is less when a parent isn't called in to judge right or wrong, good or bad, and punishment or reprimand.8. My younger child is learning to stand up for herself.9. My older child is learning not to push too far.10. Both kids are learning how to solve fights by listening to each other, compromising, and/or just letting things go.

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